

## **Cindy Prociouso Workshop Materials List**

### **Suggested paint colors:**

Titanium white  
Unbleached Titanium  
Rembrandt Naples Yellow Red  
Monochrome Tint Warm (Holbein)  
Cadmium Yellow (or hue - I use Winsor & Newton cad substitutes - Winsor Yellow)  
Raw Sienna  
Cadmium Red (or hue - I use Winsor & Newton cad substitutes - Winsor Red)  
Transparent Red Oxide (eg. Gamblin Transparent Earth Red or Rembrandt Transparent Oxide Red)  
Burnt Sienna  
Asphaltum (Gamblin)  
Permanent Alizarin Crimson (Gamblin)  
Turquoise Blue (Holbein)  
Ultramarine Blue  
Winsor Violet (Winsor & Newton)  
Viridian  
Ivory Black

### **Brushes:**

Bring a variety of bristles - flats, brights, filberts, etc. Pictured are Rosemary Ivory Long Flats and Rosemary Mongoose (series 278/279) for softening edges.

Soft synthetic flat.

Rounds:

I prefer Winsor & Newton University series (red handle) rounds in various sizes - 00 through 4 or 5 for detail work.

Script Liner brush.

### **Support:**

Linen Painting panel - 11 x 14" or 12 x 16" - I like RayMar panels with Claessens linen - these come in packs of 5. Alternatively, you may bring unstretched linen cut to size - best to use is oil primed fine weave linen.

<http://www.raymarart.com/Claessens-13-Double-Primed-Linen-Portrait-Painting-Panels-s/74.htm>

### **Medium:**

Rublev Underpainting Transparent Base (available from [NaturalPigments.com](http://NaturalPigments.com))  
M. Graham Walnut Alkyd medium. (Please do not bring Liquin.)

### **Other materials:**

A palette knife and a longer painting knife.  
Odorless Mineral Spirits in a container with a lid.  
Paper towels.  
Glass palette with mid-tone Grey paper underneath.

large clear drafting triangle  
clear plastic ruler  
vine charcoal  
sandpaper sharpener  
kneaded eraser  
mechanical eraser  
charcoal pencil (2b)  
ballpoint pen  
Drafting tape.

Drawing board or foam core to hold drawing, if one is not provided.



